

UPDATED: August 3rd, 2020

High School Parents,

We would like to thank all of the families that are involved with Farmington Athletics and Activities for your support. We would especially like to thank you for your understanding and patience as we all find our way through our current circumstances.

PHYSICAL EXAM FORM

Athletes, Cheerleaders, Knightline, and Color Guard must have a completed Physical Form on file in the Activities Office to be eligible to participate. Beginning 8/10/20 the form must be dated 2/1/20 or later to be considered current.

ACADEMIC REQUIREMENT FOR ELIGIBILITY

Due to the unusual ending to the 2019-20 school year, the academic requirements for students who wish to participate in MSHSAA Athletics and Activities for the Fall Semester of 2020 will be:

- All incoming 9th graders are eligible for the entire Fall Semester.
- 10-12th graders who passed 5.0 credits in the Spring/Summer will be eligible for the Fall Semester.
- 10-12th graders who did not pass 5.0 credits in the Spring/Summer will be eligible for the first 6 week grading period of the Fall semester.
 - If they are documented on SIS as passing 5.0 Fall Semester credits at 3:00pm on the last day of the first 6 week grading period they will remain eligible for the remainder of the 2020 fall semester.
 - If they are not documented on SIS as passing 5.0 Fall Semester credits at 3:00pm on the last day of the first 6 week grading period they will not be eligible for the remainder of the 2020 fall semester.

ENROLLMENT REQUIREMENTS FOR ELIGIBILITY - CURRENT SEMESTER

Students must be enrolled in at least 5.0 credits, and at least one of those five needs to be scheduled on the FHS campus, to be eligible to participate in High School Athletics or Activities.

ATTENDANCE REQUIREMENTS FOR ELIGIBILITY - CURRENT SEMESTER

- Students must attend "Traditional Classes" (face-to-face in the FHS School Building) for at least 4.0 credits. Their remaining credits (must add up to at least 5.0) can be "Virtual" or "Off-Campus"
- For those few students who cannot attend 4.0 credits through "Traditional Classes" because their schedule does not have at least 4.0 credits on the FHS campus, please contact John Bacon in the Activities Office for clarification.
- Students must attend face-to-face practices/rehearsals to be eligible to perform or compete in extracurricular athletics and activities.

COVID-19 INFORMATION

Due to the fluid nature of the COVID-19 situation, the information included in this letter is expected to change based on evolving conditions, research, and recommendations. The risks of COVID-19 are real and ongoing. The unfortunate reality is that people will continue to contract the virus, get sick, and in some instances even die from COVID-19 or other infectious diseases. Participating in athletics and activities carries with it the risk to have contact with individuals who have been exposed to and/or have been diagnosed with an infectious disease. While it is not possible to eliminate the risk that a student could be exposed to and/or become infected, Farmington R7 will attempt to mitigate those risks when possible.

We want to remind students and parents that participation in athletics and activities is voluntary. Therefore, it is understood that each family will decide for itself whether or not their student will participate in athletics and activities.

COVID-19 WAIVER

Parents will be required to sign a COVID-19 Waiver form before their child can attend and/or participate in athletics or activities. If you have already turned in a COVID-19 Waiver this summer you do not need to turn in another one. A copy of that waiver is attached. Your child must bring a signed copy of this waiver to be able to attend and participate.

COVID-19 SCREENING

A crucial step in mitigating the spread of the virus is for parents/guardians to keep their children at home if they show symptoms of COVID-19. It is the parents'/guardians' responsibility to screen their child(ren) daily. If the answer to any of the following questions is 'yes', or if the student has a temperature more than 100.4 fahrenheit, he/she should be kept home:

1. Do you have a household or close contact with someone who has been diagnosed with COVID-19 in the past two weeks?

2. Do you have symptoms of lower respiratory illness such as a new or worsening cough, shortness of breath, or difficulty breathing?
3. Have you experienced any chills or repeated shaking with chills?
4. Have you experienced any muscle pain or headache (different than normal exercise-induced pain or your seasonal allergies or other diagnosed condition)?
5. Have you experienced any sore throat (different than your seasonal allergies or other diagnosed condition)?
6. Have you experienced any recent loss of taste or smell?
7. Have you experienced any recent diarrhea or vomiting?

It is solely the parent/guardian's responsibility to screen their children daily for indicative symptoms of COVID-19 and keep them home if they are not well.

However, students might also be screened periodically by a trainer or coach prior to that day's participation. If the student does not pass that screening the student will be isolated from other students and sent home as soon as possible. Furthermore, per MSHSAA recommendations, a student who does not pass a trainer or coach administered screening will not be allowed back until they receive written clearance by a healthcare provider, documentation of a negative test outcome, or after the MSHSAA recommended quarantine period (starting from the first positive screen).

COVID-19 GENERAL SAFETY GUIDELINES

Below are general guidelines to help mitigate the risks associated with COVID-19. Please regularly review and reinforce these guidelines with your children:

1. Students should utilize good general hygiene, including frequent, effective hand washing, no spitting, covering the mouth when coughing or sneezing, no shared drinking containers, no sunflower seeds, and avoiding touching of the face.
2. Students should bring their own water bottle, clearly marked with their name, and it should not be shared with others. Shared drinking sources (water trees, water fountains, etc.) will not be used.
3. Students should refrain from pre-game gatherings of players or celebratory contact (hugs, handshakes, high fives, fist bumps, breakdowns, etc.).
4. Students should arrive as close as possible to when the activity begins and leave as soon as the activity ends.
5. Students should avoid touching gates, fences, benches, etc. when possible.
6. When possible, students should arrive dressed and ready for practice, take all their gear home, clean their gear daily, and shower at home. Locker room usage will be limited.
7. Students should observe distancing from others as much as possible.
8. Students should notify their coach of any signs or symptoms of COVID-19 they detect during practice.
9. Athletes are allowed to wear Personal Protective Equipment (PPE) items if they choose, as long as the items do not compromise the safety of any and all participants in the game or violate the rules of the game.
10. If a student has a COVID-19 diagnosis, they must meet District criteria before returning to participation.

The responsibility lies with each family to:

- Sign the COVID-19 Waiver before their student can participate.
- Daily screen their student for COVID-19 symptoms.
- Review and reinforce the general safety guidelines to help keep their child and those around them safe.
- Make sure their student is attending the required number of classes to maintain their eligibility.

Please let us know if you have any questions or need more information on any of these topics.

Again, thank you for your patience and understanding as we work through this time together. If you have any questions please let me know.

Thank you,

John Bacon, FHS Activities Director

jbacon@farmington.k12.mo.us

573 701 1310 ext 2102

RETURN TO PARTICIPATION WAIVER

MUST BE SIGNED AND TURNED IN BEFORE A STUDENT CAN PARTICIPATE AS OF JUNE 1, 2020

In consideration of being allowed to participate in any way in the FARMINGTON R7 SCHOOL DISTRICT athletics/activities program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury and/or illness from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist;

2. The risk to have contact with individuals, who have been exposed to and/or have been diagnosed with one or more communicable diseases, including but not limited to COVID-19 or other medical conditions, diseases, or maladies does exist, and it is impossible to eliminate the risk that I could be exposed to and/or become infected through contact with or close proximity with an individual with a communicable disease;

3. I acknowledge and accept that it is the parent/guardian's responsibility to screen their child(ren) daily for symptoms of COVID-19. Furthermore, if the screening is positive (the answer to any of the screening questions is 'yes', or if the participant has a temperature more than 100.4 fahrenheit) he/she cannot attend or participate in any activity that day. The student will be unable to attend/participate until a subsequent day when they do have a negative screen, have documentation demonstrating the test result related to COVID-19 was negative, or a note from their healthcare provider indicating they do not need to be tested and their symptoms are not due to COVID-19.

4. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES as defined below or others, and assume all full responsibility for my participation;

5. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and

6. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE FARMINGTON R7 SCHOOL DISTRICT, their officers, officials, insurers, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

7. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY AGREEING TO IT ON BEHALF OF MY CHILD/PARTICIPANT OVER WHOM I HAVE GUARDIANSHIP, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

ACKNOWLEDGMENT BY PARENTS AND/OR LEGAL GUARDIANS OF YOUTH PARTICIPANTS: By signing below, I agree to and verify the following: 1) I am the parent or legal guardian for the participant listed below 2) that the date of birth of the participant listed below is correct, 3) that as parent/legal guardian with legal responsibility for this participant, I consent and agree to assume the risks of his/her participation in these programs; and 4) that I specifically agree to his/her release as provided herein of all the Releasees, and, for myself, my heirs, assigns and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to this participant's involvement or participation in these programs as provided above EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

NAME OF PARTICIPANT

PARTICIPANT DATE OF BIRTH

SIGNATURE OF PARENT AND/OR LEGAL GUARDIAN

DATE

